

## The Oak Street Zendo

**One Half Day Sitting: Saturday  
June 30th, 2018**



**Raven-Himself** by **Cathy Smith**

I have been asked over the years, mostly implicitly and sometimes by omission: Why do we practice Zen? For the most part, my replies have not satisfied me.

Yesterday, a friend sent me a link to a recent Dharma Talk by Jordan Thorne, a San Francisco Zen Center Priest who I have known since before our ordination in 1977.

Jordan died this week, but his testimony on his recent life and practice addresses this question in very satisfying ways.

Please take the time to listen.

[Jordan Thorn 03/31/2018 Dharma Talk](#)

Also, please join us for a half day of sitting. The schedule is 9 to 2 PM. Arrive early to get settled, and bring a bag lunch and your cushion, if you prefer. Chairs, zafus & benches are available. Thank you.

Peter van der Sterre

Oak Street Zendo: 634 Oak Street.

Enter at black door on the garage level.

RSVP Please: [vdscn@gmail.com](mailto:vdscn@gmail.com)

## **Oak Street Half Day Sitting**

9:00 Zazen

9:30 Kinhin

9:40 Zazen

10:10 Kinhin

10:20 Dharma talk/Discussion

11:00 Kinhin

11:10 Zazen

11:50 Service

12:00 Lunch Break

12:45 Zazen

1:15 Kinhin

1:25 Zazen

1:45 Refuges and Metta Sutta

2:00 Appreciation: End of Day