



MONTHLY NEWSLETTER OF ZEN CENTER
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## SUN-FACED BUDDHAS, MOON-FACED BUDDHAS

## Introduction

Although you are looking forward to the bliss of teaching, you do not know that you are always in the midst of the teaching. Once you are convinced of your innate holy nature, your true life comes to bloom.

This true life is beyond aspiration or criticism. All the demons may come out from hell, but they cannot touch even one of their strongest fingers to you. All the Buddhas in the three worlds come up to you to honor your supreme life.

The true life is quite personal to you and essential to all existence.

## Main Subject

Baso, the great teacher, was unwell. The temple's chief accountant visited him. "Sir, during these recent days, how is your health?" The teacher said: "Sun-faced Buddhas, Moon-faced Buddhas."

(This Main Subject is stary no. 2 in the "Blue Cliff Records" - Hekigan Roku, - a collection of one hundred starles of Zen Masters of ancient China.)